



2021 MVPN

VETERANS' RESOURCE GUIDE



ASSISTANCE FOR VETERANS AND THEIR FAMILIES

Serving the Service Members, Veterans, and Families
of Dallas and North Texas



Metrocare

*Behavioral Healthcare
for Children & Adults*

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OUR MISSION

The Military Veteran Peer Network (MVPN), is a network of Services Members, Veterans, and their Families (SMVF), dedicated to establishing camaraderie, trust, and hope with one another, identifying and vetting community resources, and collectively contributing to the communities where they live.

WHO THIS GUIDE IS FOR:

Whenever you are faced with a problem, referral information is a good starting point on who can help.

This guide is for our Texas Military Service Members, Veterans, and their Families (SMVF). If you are an SMVF and you:

- Want to connect with other SMVF either in peer groups or via social/community gatherings.
- Find that you are still facing the challenge of transition.
- Are looking for a new purpose/volunteer opportunities.
- Want to learn non-destructive coping skills.
- Want to learn more about Post-Traumatic Stress (PTS), Military Sexual Trauma (MST), Moral Injury (MI), Traumatic Brain Injury (TBI).
- Want to find out more information about Veterans Treatment Courts (VTC) in your area.
- Are interested in learning more about helpful methods or programs for Mental Health injuries incurred as a result of military service.
- Would like to join a peer group or learn to become a facilitator.
- Want to help other Service Members, Veterans or Family members learn to deal with struggles in their lives.
- Want to find out what services are offered for SMVF within your local community services providers.
- Want to help recently incarcerated or Justice Involved Veterans (JIV) with adjusting back to civilian life.
- Want to find out more information on how to obtain or even learn to facilitate suicide awareness/prevention classes to the SMVF communities.
- Learn how to be or continue to be a leader and mentor for your Veterans and family members.

Members of MVPN are trained in mental well-being; plus, they know the variety of resources available to veterans in their area such as financial assistance, health care and how to connect with the community. They also provide the opportunity for veteran-to-veteran conversations, either one-to-one or in groups. For more information or to sign up as a volunteer, visit our website at www.milvetpeer.net

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IN A CRISIS, CALL BEFORE YOU ACT

Trained mental health counselors are available to talk with you around the clock.

Crisis Hotline:1-800-273-8255, Press 1

FOR IMMEDIATE HELP, DIAL 911

DALLAS COUNTY MVPN AT METROCARE SERVICES

MVPN provides support services for Dallas County veterans and families through Metrocare, the largest provider of mental health and developmental disability services in North Texas. As a part of the Veterans Mental Health Department (VMHD) at the Texas Veterans Commission (TVC), MVPN staff are trained and certified by the TVC to provide training and share our experiences and recovery stories with all Texas SMVFs that we meet. This is to inspire hope that any SMVF can also overcome any related trauma, addictions, anger management issues or incarceration that may arise, by providing mentors or community organization referrals that can help. We also promote housing stability for low-income veteran families as well as case management and financial assistance.

Service Details: Peer to peer services and referrals to transitional and permanent housing, financial assistance, case management, employment, Justice Involved services, community-based education services including suicide awareness and Military Cultural Competency.

4900 S. Lancaster Rd. Dallas, TX (805) 302-9494

www.milvetpeer.net

HOUSING, FINANCIAL ASSISTANCE AND EMERGENCY SHELTER

METROCARE SERVICES

Metrocare is the largest provider of mental health and developmental disability services in Dallas County with an array of services, such as primary care centers for adults and children, accessible pharmacies, housing, and supportive social services.

Services: Addiction Services, Counseling, Family Support, Mental Health, MST/Rape Crisis, Peer Support, PTSD/TBI, Suicide/Crisis, Emergency financial assistance, short term housing.

- **Desoto:** 1619 N. Hampton, Desoto, TX 75115, (972) 331-6335
- **Grand Prairie:** 1020 S. Carrier Pkwy Grand Prairie, TX 75051, (214) 330-2488
- **Lancaster:** 3330 S. Lancaster Rd., Dallas, TX 75216, (214) 371-6639
- **River Bend:** 1330 River Bend Dr., Dallas, TX 75247, (214) 948-995
- **Samuell:** 4645 Samuell Blvd, Dallas, TX 76228, (214) 275-7393
- **Stewpot:** 408 Park Ave., Dallas, TX 75201, (214) 670-1143
- **Westmoreland:** 1350 N. Westmoreland, Dallas, TX 75211, (214) 330-0036

CATHOLIC CHARITIES OF DALLAS/FORT WORTH

The agency provides support services for veterans and families. It promotes housing stability for low-income veteran families as well as case management and financial assistance.

Services: Advocacy, Case Management, Financial Assistance/Education, Permanent Housing, Transitional Housing, Transportation

249 W. Thornhill Dr, Fort Worth, TX 76115, (817) 413-3921

www.catholiccharitiesfortworth.org/veteranservicesorg

- **Dallas**
1421 W. Mockingbird Ln, Dallas, TX 75247, (866) 223-7500 ccdallas.org
- **Fort Worth**
249 W. Thornhill Dr, Fort Worth, TX 76115, (817) 534-0814
www.catholiccharitiesfortworth.org/veteranservicesorg

DALLAS LIFE

Dallas LIFE has a long-term program developed specifically for homeless veterans, partnering with the VA. Dallas LIFE has unique classes a special program as well as helps them obtain affordable permanent housing through the resources provided for veterans and prepares them to face the challenges of living post military service.

Services: Emergency Food, Emergency Housing, Family Support, Financial Assistance/ Education, Homelessness, Transitional Housing

1100 Cadiz St, Dallas, TX 75215, (214) 421-1380 www.dallaslife.org

ENDEAVORS

Homelessness prevention services for veterans. Offers outreach, case management, help in obtaining veterans benefits as well as assistance in obtaining and coordinating other public benefits.

Services: Case Management, Emergency Housing, Homelessness

535 Bandera Rd, San Antonio, TX 78228, (210) 431-6466

www.endeavors.org/veteran-supportive-services/

- **Dallas**
5801 Marvin D Love Freeway, Ste. 103, Dallas, TX 75237, (214) 932-6276
- **Fort Worth**
5601 Bridge St, Ste. 275, Fort Worth, TX 76112, (682) 270-1146

HOPE FOR THE WARRIORS

Hope for the Warriors cares for service members, their families, and families of the fallen. The focus is to restore a sense of self, family, and hope. Our programs serve post-9/11 active duty, National Guard, Reservist, and veterans. We provide service through these programs: transitional services, clinical health and wellness, community development, sports, and recreation.

Services: Advocacy, Family Support, Peer Support, PTSD/TBI, Social

(877) 246-7349, www.hopeforthewarriors.org

HOMELESS VETERANS OUTREACH SERVICES, DEPARTMENT OF VETERANS AFFAIRS

The outreach program provides a full range of social and medical services, on-site or through the Fort Worth Vet Center, Fort Worth VA Outpatient Clinic, or the Dallas VA Medical Center. Services include referrals to local shelters, transitional housing through the VA Grant and Per Diem Program, permanent housing through the Fort Worth Housing Authority Shelter + Care Program and case management.

Services: Emergency Shelter, Homelessness

- 4900 S. Lancaster, Bldg. HZ5, Dallas, TX 75216, (214) 927-4501
- 1518 E. Lancaster, Ste. A, Fort Worth, TX 76102, (817) 255-7150

LIBERTY HOUSE

Transitional housing for homeless veterans with PTSD or substance abuse issues. Focus is on recovery, employment, and reintegration.

Services: Homelessness, transitional housing

1501 E. El Paso St, Ste B Fort Worth, TX 76102, (817) 569-4650

www.facebook.com/LibertyHouseFW

MISSION ARLINGTON

Financial assistance to help families with rent, utility payments, gasoline, and prescription costs. Provides clothing, furniture, appliances, and other household items to those in need.

Services: Emergency services, support services

210 W. South St., Arlington, TX 76010, (817) 277-6620

www.missionarlington.org/

SALVATION ARMY

The Salvation Army Veterans Enrichment program provides permanent housing, case management and support services for chronically homeless, disabled veterans. It stabilizes housing and increases income through job training and placement.

Services: Emergency Shelter, Homelessness

5302 Harry Hines Blvd., Dallas, TX 75235, (214) 424-7000

www.salvationarmyntx.org/north-texas/provide-housing/

UNION GOSPEL MISSION - CENTER FOR HOPE

UGM Center of Hope (COH) is our shelter and Discipleship Program site exclusively for single women with children— offering three meals daily while providing a library, learning center, life skill classes, a chapel and medical clinic on-site. UGM-COH has an on-site, state approved Child Development Center that cares for children from birth through kindergarten.

Services: Addiction Services, Case Management, Counseling, Emergency Food, Emergency Housing, Family Support, Job Skills Training, Medical, Mental Health, Transitional Housing

4815 Cass St., Dallas, TX 75235, (214) 638-2988

www.ugmdallas.org/programs/shelter/center-of-hope-womens-and-childrens-shelterugm-riverpointe

- Dallas County
3211 Irving Blvd, TX 75247, (214) 637-6117
ugmdallas.org
- Tarrant County
1321 East Lancaster Ave., Fort Worth, TX 76102, (817) 339-2553
www.ugm-tc.org

VETERANS CENTER OF NORTH TEXAS

The Veterans Center of North Texas is an all-volunteer, nonprofit organization dedicated to helping Veterans of all ages navigate the network of public and private agencies to receive assistance for issues they may be facing. Whether the Veteran is looking for a job, needs legal assistance, has a loved one who needs adult daycare supervision, or any of a myriad of other issues; the Veterans Center of North Texas can help.

Services: Advocacy, Family Support, Legal, Job Skills Training

900 E. Park Blvd, Ste. 155 Plano, TX 75074, (214) 600-2966

www.vcont.org

THE VETERANS RESOURCE CENTER

Improves the lives of homeless and at-risk veterans and their families by assisting with transitional and permanent housing.

Services: Homelessness, Housing Assistance

4900 South Lancaster, Dallas, TX 75216, (214) 372-8822

veteransresourcecenter.net

COUNSELING & SUPPORT SERVICES

EQUESTRIAN THERAPY

Horseback therapy programs for veterans, members of the military and their families. These programs improve communication and trust, reduce anxiety, teach anger management, help self-confidence and reintegration into the community. They address post-traumatic stress disorder (PTSD), traumatic brain injury (TBI) and military sexual trauma (MST).

EQUEST THERAPEUTIC HORSEMANSHIP HOOVES FOR HEROES

Free equestrian therapy program for veterans, adult military and family members. It promotes communication at home, strengthens bonds and improves family trust issues.

Services: Equine Therapy, Mental Health, Reintegration

811 Pemberton Hill Rd. Dallas, TX 75217, (469) 237-8464

www.equest.org

VICTORY THERAPY CENTER HORSES FOR HEROES

Free equestrian program of therapeutic riding to improve the lives of military veterans and their families. The relationship clients form with horses is used to address challenges that arise for veterans who suffered trauma, helping them adjust physically and emotionally.

Services: Equine Therapy, Mental Health, Reintegration

10600 Dunham Rd. Roanoke, Texas 76262, (682) 831-1323

victorytherapy.org

MENTAL HEALTH AMERICA

Plays a key role in the development of comprehensive resources for mental illness in Texas. Provides direct financial counseling services to first-responders, veterans, and their family members.

Services: Case Management, Counseling, Family Support, Mental health, support services

- **State Office:** 1210 San Antonio St., Suite 204, Austin, TX 78701, (512) 454-3706
www.mhatexas.org/military
- **Dallas County:** 624 N. Good Latimer Expy, TX 75204, (214) 871-2420
www.mhadallas.org
- **Tarrant County:** 3136 W. 4th Street, Fort Worth, TX 76107, (817) 335-5405
www.mhafc.org

RECOVERY RESOURCE COUNCIL

Free and confidential counseling services through Enduring Women and Enduring Families Veteran Services program. Enduring Women provides group counseling and peer navigation to women veterans experiencing difficult issues such as PTSD, depression, anxiety, military sexual trauma, reintegration, substance abuse and parenting. Enduring Families provides counseling services for veterans and family members to meet particular needs for individuals, couples, family therapy or parenting difficulties.

Services: Addiction, Anger management, Couples, Marriage and Family Counseling, Depression, PTSD, Military Sexual Trauma, Women Services, Support Services

www.recoverycouncil.org

- **Dallas County:** 1349 Empire Central Dr, Ste.800, Dallas, TX 75247, (214) 871-2420
- **Tarrant County:** 2700 Airport Freeway, Fort Worth, TX 76111, (817) 332-6329

STOPONE

Bringing together key community stakeholders who are committed to seeing the statistics of suicide reduced. By structuring partnerships with subject matter experts and through intentional scheduled education via an online platform, impact is multiplied through anchored ambassadors for caregivers, Veteran Service Organizations, First Responders and Churches.

Services: Advocacy, Education, Family Support, Suicide Awarenesss

(214) 372-8896, stopone.info/home

STAY THE COURSE AT 1TRIBE FOUNDATION

Provide guidance, wellness, and healing from invisible wounds through evidence-based therapies for individuals, couples, and families at little or no cost. STC seeks to overcome barriers that may prevent Veterans and families from getting the help they need.

Services: Case Management, Counseling, Family Support, Mental health, PTSD, TBI, MST, Support Services

13625 Neutron Rd., Dallas, TX 75244, (214) 462-7229

1tribefoundation.org/programs/clinical-programs/stay-the-course/

STEVEN A. COHEN MILITARY FAMILY CLINIC AT METROCARE

Provides personalized, confidential, and evidence-based mental health care to veterans, their families, and the families of active-duty service members.

Services: Case Management, Counseling, Family Support, Mental health, PTSD, TBI, MST, Support Services

16160 Midway Rd., Ste 218, Dallas, TX 75001 (469) 680-3500

www.metrocareservices.org/mfc

VA VET CENTER

Provides counseling for PTSD and other readjustment issues to individuals, families, and groups, including military sexual trauma and bereavement.

Services: Counseling, PTSD, MST

8610 Greenville Ave., Dallas, TX 75243, (214) 361-5896, Toll-free: (877) 927-8387

www.va.gov/find-locations/facility/vc_0706V

THE VETERANS RESOURCE OUTREACH CENTER

Dedicated to meet the rising needs of Veterans and their families, through community efforts. Services include home and car repairs, counseling, food, and clothing pantries, as well as employment assistance and workshops providing life skills training.

Services: Anger Management, Couples, Marriage and Family Counseling, Women Services, Support Services

4210 Industrial St., Rowlett, TX 75088, (972) 463-8762

lifemessage.org/veterans

LEGAL ASSISTANCE

LEGAL AID OF NORTHWEST TEXAS

Legal advice and representation for veterans. Attorneys provide advice and counsel on VA issues, other benefits, equal housing; employment law, family matters, wills and advance directives and real property law, including landlord/tenant matters and foreclosures.

Services: Legal advice and counsel, VA benefits issues

600 E. Weatherford St., Fort Worth, TX 76102, (817) 336-3943

<http://www.lanwt.org/>

TEXAS LAWYERS FOR TEXAS VETERANS

Veterans or spouses of deceased veterans can get free legal assistance from an attorney on a variety of issues.

Services: Legal advice and counsel, personal legal issues

1315 Calhoun Street, Fort Worth, Texas 76102, (817) 546-4460

www.txltxv.org

VETERANS TREATMENT COURT

Reintegrates veterans who broke the law into their community. The court diverts Justice Involved Veterans from the traditional criminal justice through a judicially supervised treatment program reviewed by the court's program manager, a mental health professional, the district attorney's office, and the Department of Veterans Affairs.

Services: Criminal law, mental health, reintegration

- **City of Dallas VTC**
2111 South Corinth St., Dallas, TX 75203, (214) 671-0777
http://www.dallascityattorney.com/Community_Courts.html
- **Dallas County VTC**
133 N Riverfront Blvd., Dallas, TX 75207, (214) 653-5935
<https://www.dallascounty.org/government/courts/probate/veterans-court/>
- **Tarrant County VTC**
300 W. Belknap, Fort Worth, TX 76102
<https://access.tarrantcounty.com/en/criminal-courts/specialty-programs/vdp.html>

EMPLOYMENT & BUSINESS ENTREPRENEURSHIP

ACHIEVE DFW

To empower individuals with disabilities and those with barriers work to achieve their highest level of employment and independence.

Services: Employment, Case Management, Voc Rehab

8800 Ambassador Row, Dallas, TX 75247, (214) 637-2911

achievedfw.org/veteran-placement/

AMERICAN GI FORUM – NATIONAL VETERAN OUTREACH PROGRAM

Addresses problems of discrimination and promotes the well-being of Hispanic veterans. It is a fully interracial veterans and family organization providing assistance in youth leadership, employment, education, veteran support services, human rights, homelessness and legislative issues.

Services: Homelessness, Employment, Case Management

4200 S. Fwy., Ste. 616, Ft. Worth, TX 76115, (817)289-0055

www.AGIF.org

COMMUNITY LEARNING CENTER INCORPORATED

Job and career advancement opportunities for veterans through academic remediation, resume assistance, interview skills training, job placement and career counseling.

Services: Employment assistance

555 North Grants Ln., Fort Worth, TX 76108, (817)569-5008, ext.16

www.clcinc.org

NAVAL AIR STATION FORTH WORTH JOINT RESERVE BASE FLEET AND FAMILY SUPPORT SERVICES

Promotes the self-reliance and resiliency of service members and the families of NAS Fort Worth JRB. Focuses on deployment support, crisis response, career support and counseling for individuals, families, and commands. Provides professional services through education classes and individual appointments on the base.

Services: Employment Services, Support Services

1510 Chennault Ave., Fort Worth, TX 76113, (817) 782-5287

TEXAS VETERANS COMMISSION EMPLOYMENT SERVICES AT WORKFORCE SOLUTIONS

Helps veterans find a job and enhance marketable skills. Offers resume services, job training and online job search assistance taking advantage of Workforce Solutions' resource and referral network. Helps employers find qualified veteran job applicants.

- **WFS Greater Dallas:** 801 S. State Hwy 161, Grand Prairie, (214) 354-8644
- **WFS North Central Texas:** 1300 Teasley, Denton, TX, (940) 235-9628
- **WFS Tarrant:** 1320 S University Dr. Ste. 600, Fort Worth, TX, (682) 225-9909
- **Naval Air Station Fort Worth JRB:** 1510 Chennault Ave., Fort Worth, TX, (817) 782-5763

TEXAS VETERANS LEADERSHIP PROGRAM

Connects returning veterans of Iraq and Afghanistan with the resources and tools they need for employment.

Services: Employment Services

- **WFS Greater Dallas:** 801 S. State Hwy 161, Grand Prairie, (214) 354-8644
- **WFS North Central Texas:** 1300 Teasley, Denton, TX, (940) 235-9628
- **WFS Tarrant:** 1320 S University Dr. Ste. 600, Fort Worth, TX, (682) 225-9909
- **Naval Air Station Fort Worth JRB:** 1510 Chennault Ave., Fort Worth, TX, (817) 782-5763

VETERANS BUSINESS OUTREACH CENTER-VBOC

Provides collaborative, hands-on, interactive learning, opportunities including classroom instruction and opportunities to work with experienced coaches and mentors, attend workshops, and develop connections.

Services: Entrepreneur, Coaching, Mentoring

701 S. West Street, Arlington, TX 76019, (817) 272-6789

www.uta.edu/vboc/index.php

EDUCATION

Veterans and veterans' family members in Texas may be eligible for educational benefits. Here is information on schools, benefits, and rules for those who have served or are serving in the military and seeking higher education at a Texas college or university.

GI Bill: It is a federal education benefit provided by the Department of Veterans Affairs available to eligible veterans and service members.

www.benefits.va.gov/gibill/

Hazlewood Act: It provides educational benefits to honorably discharged or separated Texas veterans and to the eligible dependent children and spouses of Texas veterans.

www.tvc.texas.gov/Hazlewood-Act

DALLAS COLLEGE

2-year community college. On-site and online classes offered. Veteran Services Offices are located at each campus for military-connected students. College Credit for Heroes program also available.

Services: Education, Vocational Training

1601 Botham Jean Blvd., Dallas, TX 75125, (972) 669-6400

www.dallascollege.edu/resources/veterans/pages/default.aspx

SOUTHERN METHODIST UNIVERSITY

4-year university. On-site and online classes offered. Veteran Student lounge is available, Student Veterans Association and Veteran Support Services also offered.

Services: Higher Education

P.O. Box 750100, Dallas, TX 75275, (214) 768-4407 www.smu.edu

SMU MilVet Lounge: www.smu.edu/Provost/Ethics/StudentEngagement/MilVets

UNIVERSITY OF NORTH TEXAS AT DALLAS

4-year university. On-site and online classes offered. Veteran Student lounge is available, Student Veterans Association and Veteran Support Services also offered.

Services: Student Veteran Services

7300 University Hills Blvd., Dallas TX 75241, (214) 338-1786

sa.untDallas.edu/veterans-success-center

UNIVERSITY OF TEXAS AT ARLINGTON

4-year university. On-site and online classes offered. Veteran Student lounge is available, Student Veterans Association and Veteran Support Services also offered.

Services: Higher Education

701 S. Nedderman, Arlington, TX 76019 (817) 272-2011 <http://www.uta.edu>

Veterans Affairs: www.uta.edu/vets/

Adaptive Sports: www.uta.edu/movinmavs/

Student Vet Project: www.uta.edu/ssw/research/veterans-project.php

Veterans Upward Bound: www.uta.edu/veteransub/

UNIVERSITY OF TEXAS AT DALLAS

4-year university. On-site and online classes offered. Veteran Student lounge is available, Student Veterans Association and Veteran Support Services also offered.

Services: Education, Vocational Training

7300 University Hills Blvd., Dallas TX 75241, (214) 338-1786

sa.untDallas.edu/veterans-success-center

TARRANT COUNTY COLLEGE DISTRICT

2-year community college. On-site and online classes offered. Veteran Services Offices are located at each campus for military-connected students. College Credit for Heroes program also available.

Services: : Peer to Peer, Support Services, Counseling

1500 Houston St., Fort Worth, TX 76102 (817) 515-8223 <http://www.tccd.edu>

- **Military Services Center - South Campus:** 5301 Campus Dr., Bldg. SFOC, Fort Worth, TX 76119, www.tccd.edu/Student_Services/Veterans_and_Military
- **Veterans Learning Community:** www.tccd.edu/Campuses_and_Centers/Fire_Service_Training_Center/veterans_learning_community.html
- **Veterans Workforce Initiatives:** www.tccd.edu/Student_Services/

WOMEN VETERANS AND FAMILY

ATTITUDES AND ATTIRE

Provides tools to raise self-esteem, promote ethics, and build confidence to develop successful life skills for women. The Boots to Heels program has seminars exclusively for women veterans. Group sessions give the camaraderie of being with peers who understand the unique experiences and the challenges faced returning home.

Services: Advocacy, Peer Groups, Women Veterans

2050 Stemmons Freeway, Suite 181, Dallas, TX 75207, (214) 746-4214
www.attitudesandattire.org

CENTER FOR TRANSFORMING LIVES (FORMERLY YWCA)

The Center for Transforming Lives moves women, children, and families from poverty to independence through housing stability, affordable high-quality childcare and financial empowerment coaching. The CTL services include emergency homeless shelter and community-based housing for more than 400 women and families experiencing extreme poverty and homelessness.

Services: Emergency Housing, Family Support, Financial Assistance/ Education, Homelessness, Transitional Housing

512 W. 4th St, Fort Worth, TX 76102, (817) 332-6191
www.transforminglives.org/Veterans_and_Military

MARRIAGE MANAGEMENT, INC.

Marriage Management works to strengthen military marriages and family members enabling couples to better cope with the unique marital stresses of combat, wounds, or multiple deployments. The programs provide a safe and confidential place for a husband and wife to find support and encouragement.

Services: Couples, marriage, and family counseling

509 Fairhaven Ct., Burleson, TX 76028, (682) 730-1818

www.marriagemanagement.org/index.html

WOMEN VETERANS OF AMERICA POST 48

Provides a voice for women who have and are currently serving in the United States Armed Forces. As an advocate for Women Veteran's rights, issues, and benefits, WVA provides a place where Sisters of the Armed Forces come together!

Services: Advocacy, Peer Groups, Women Veterans

400 S. Carroll Blvd., Denton, TX 76201, wvachapter48.com

WoVeN – WOMEN VETERANS NETWORK

Provides a unique social network of Women Veterans to foster connections and build relationships in local communities and across the nation. Connection and community are at the core of the WoVeN program, which strives to empower Women Veterans to benefit from sisterhood and support one another. Must sign up through website for local contact info and meeting information.

Services: Advocacy, Peer Groups, Women Veterans

150 South Huntington Ave, 116B-3, Boston, MA 02130, (877) 449-6836

www.wovenwomenvets.org

MEDICAL SERVICES

VA NORTH TEXAS HEALTHCARE SYSTEM

The VA's second largest network of integrated health care facilities provides veterans' healthcare. It serves more than 113,000 veterans and has more than 1.4 million outpatient visits annually.

Services: Medical

www.heartoftexas.va.gov | <http://www.northtexas.va.gov/>

DALLAS VA MEDICAL CENTER

Provides comprehensive healthcare services to veterans through primary, tertiary, and long-term care in medicine, surgery, mental health, and rehabilitation. It has a Spinal Cord Injury Center, Domiciliary Care Program and Community Living Center with a dedicated hospice unit.

Services: Comprehensive Medical Care, Disability Services

4500 S. Lancaster Rd., Dallas TX 75216, (800) 849-3597 (214)742-8387

<http://www.northtexas.va.gov/>

VETERANS ADMINISTRATION COMMUNITY BASED OUTPATIENT CLINICS (CBOC)

Provide health maintenance, preventive health care and primary care services including routine physical examinations, laboratory testing, pharmacy, and immunizations. Referrals to VA specialists if needed.

Services: Medical, Disability Services

<http://www.northtexas.va.gov/>

- **Denton CBOC**
2223 Colorado Blvd., Denton, TX 76205, (940) 891-6350
www.northtexas.va.gov/locations/Denton.asp
- **Fort Worth CBOC**
1522201 SE Loop 820, Fort Worth, TX 76119, (817) 730-0005
www.northtexas.va.gov/locations/FWOPC.asp
- **Granbury CBOC**
601 Fall Creek Hwy., Granbury, TX 76049, (817) 326-3902
www.northtexas.va.gov/locations/Granbury.asp
- **Grand Prairie CBOC**
2737 Sherman St., TX 75051, (214) 857-3450
www.northtexas.va.gov/locations/Grand_Prairie.asp
- **Plano CBOC**
2223 Colorado Blvd., Denton, TX 76205 (940) 891-6350
<http://www.northtexas.va.gov/locations/Denton.asp>

COMMUNITY VETERAN ORGANIZATIONS

BATTLE BUDDY INFO

Battle-Buddy Info is an online Directory of Military Resources for Active Duty, Veterans, and their Caregivers. We list military focused non-profits and resources that provide direct assistance to veterans and active-duty personnel, in a user-friendly format. We work hard to maintain relevant information and resources, not only from non-profit organizations or government sources, but from peer support networks, Caregiver Blogs, books of interest as well as general topics related to issues the men and women who serve our nation face when returning to civilian life.

Services: Advocacy, Family Support, Peer Supports

4900 S. Lancaster, Dallas, TX 75216, (469) 289-3067

www.battle-buddy.info

F.A.R.M. (FARMERS ASSISTING RETURNING MILITARY)

“Dirt Therapy” is the keystone of our program. Working with the earth is incredibly grounding and restorative. Farming in a peer-to-peer environment fills many of the voids that are missing for the veteran such as structure and regimen, physically and mentally challenging yourself, being part of something important, renewed mission and purpose, and of course, camaraderie.

Services: Advocacy, Family Support, Peer Support, PTSD/TBI, Social

P.O. Box 763729, Dallas, TX 75376, (469) 569-9961

www.farmvet.org

GALLANTFEW, INC.

Coach veterans through the transition process, assessing skills, desires and abilities and offers training and networking. Provides physical, social, professional, and emotional support and works to prevent veteran unemployment, homelessness, and suicide.

Services: Peer to Peer, Transition Support

192 Durango Dr., Trophy Club, TX 76262, (817) 567-3293

<http://www.gallantfew.org/>

HEROES ON THE WATER

Heroes on the Water helps our Nation's Injured warriors and Veterans from all branches of the United States military recover mentally and physically through the therapeutic qualities of fishing from kayaks. The HOW Coordinated Therapeutic Programs provide alternative therapeutic options to established PTSD treatment providers. Kayaks, various gear, and meals are free of charge.

Services: Adaptive Sports, Peer Support, PTSD/TBI, Social

1800 S. Loop 288, Ste. 396/170, Denton, TX 76205, (214) 295-4541

heroesonthewater.org

- **Dallas Chapter**

101-C N. Greenville Ave, #55, Allen, TX 75052; (715) 252-0115

Email: dfwchapter@heroesonthewater.org

Facebook: [@HeroesOnTheWaterDallasFortWorthChapter](https://www.facebook.com/HeroesOnTheWaterDallasFortWorthChapter)

- **Fort Worth Chapter**

Email: ftworthtx@heroesonthewater.org

Facebook: [@howfortworthchapter](https://www.facebook.com/howfortworthchapter)

THE MISSION CONTINUES

The Mission Continues helps veterans adjust to life at home, as it redeploys veterans on missions in their communities, so that their shared legacy will be one of action and service. Teams of veterans are organized into Service Platoons and partner at the local level to build stronger communities, capitalizing on the spirit of service. The Fellowship program encourages veterans to volunteer with nonprofits in their community, to learn a skill while also building their resumes, and providing a living stipend.

Services: Advocacy, Peer Support, Suicide/Crisis, Social

1800 S. Loop 288, Ste. 396/170, Denton, TX 76205, (214) 295-4541

Facebook: www.facebook.com/groups/themissioncontinuesdallas

Dallas 1st Platoon

Arlington 1st Platoon

Fort Worth 1st Platoon

cmitchell@missioncontinues.org, (214) 606-9062

www.missioncontinues.org/service-platoon/DFW

TEAM RED, WHITE, AND BLUE

Team Red, White, and Blue connects veterans to their community through physical and social activity. The chapters provide local opportunities for veterans, helping to create a sense of belonging and a strong culture of support, encouragement, and inclusiveness. The Veteran Ambassador Program encourages veterans to stay active and healthy and to inspire others to do the same.

Services: Advocacy, Peer Support, Suicide/Crisis, Social

teamrwb.org

- **DFW Chapter:** cathy.bedford@teamrwb.org
- **Veteran Outreach Director:** chris.mcallister@teamrwb.org, (214)533-6892

TEAM RUBICON

Team Rubicon unites military veterans with first responders for rapid deployment of emergency response teams during a disaster. Veteran volunteers work in teams with local first responders to provide immediate relief from the moment disaster strikes, when there is no access to outside aid, until conventional assistance can respond.

Services: Advocacy, Peer Support, Suicide/Crisis, Social

www.teamrubiconusa.org, southcentral@teamrubiconusa.org

VETSTARTS

Training and coaching programs are designed to start meaningful new second-half lives and rewarding careers while building camaraderie and community with a tribe of like-minded individuals. Services include Half-time for Veterans, Warrior Art, Half-time Marriages, VetStarts Missions, and coaching workshops.

Services: Counseling, Coaching, Entrepreneurship, Job Skills Training

407 Summit Ave, Arlington, TX 76113, (817) 999-2572

vetstarts.com

PEER GROUPS/DFW

Peer Service programs for veterans, members of the military and their families. These programs improve communication and trust, reduce anxiety, teach anger management, help self-confidence and reintegration into the community. They address post-traumatic stress disorder (PTSD), traumatic brain injury (TBI) and military sexual trauma (MST).

ARM MINISTRY

The Adult Rehabilitation Ministry (ARM) is a Christ-centered organization providing chemically dependent individuals through loving, accountable relationships and a twelve-step process. Offers in-person and online peer groups.

Services: Peer groups, Mental Health, Reintegration

1128 Reverend CBT Smith St., Dallas, TX 75203, (214) 943-5010

www.armdallas.org

PTSD FOUNDATION

Focuses specifically on combat trauma in Veterans. Provides a safe environment to share their experienced trauma with other combat Veterans. Groups conducted in person and online.

Services: Peer groups, Mental Health, Reintegration

701 E. I-30 Rockwall, TX 75087, (832) 912-4429

ptsdusa.org/warrior-family-groups/

1TRIBE FOUNDATION

Creates a community that raises awareness and combats suicide by empowering Veterans, First Responders and Medical frontline workers through traditional and non-traditional therapies, such as Wind Therapy, Forge (outdoor) Therapy, and Tribal Council.

Services: Advocacy, Mental Health, Peer Groups, Reintegration

13625 Neutron Rd. Dallas, TX 75244, (214) 462-7229

1tribefoundation.org/

WOUNDED WARRIOR PROJECT

Peer led Veteran support groups and events across DFW, providing support and encouragement to Wounded Warrior Project Alumni Veterans in the local communities.

Services: Advocacy, Mental Health, Peer Groups, Reintegration

4899 Belfort Rd. Ste. 300, Jacksonville, FL 32256, (877) 832-6997

www.woundedwarriorproject.org/programs/peer-support

MVPN PEER GROUPS

MVPN Peer Service Coordinators and their peer volunteers create a statewide network of trauma-affected Veteran Peers who support the Service Members, Veterans, and Families in their assigned areas, through training, technical assistance, and peer groups.

COLLIN COUNTY

Peer Groups done in person and via the Veterans Treatment Courts.
Also Includes the VALOR program for JIV.

Services: Peer groups, Mental Health, Reintegration

1515 Heritage Dr., McKinney, TX 75069, (972) 562-0190
www.texvet.org/resources/mvpn-collin-county

DALLAS COUNTY

Peer groups offered in person and via online links. Groups offered throughout the county for specific organizations. Veteran Treatment Court, City of Dallas, and Dallas County Courts group available.

Services: Peer groups, Mental Health, Reintegration

4900 S Lancaster Rd., TX 75214, (805) 302-9494
www.texvet.org/resources/mvpn-dallas

DENTON COUNTY

Peer groups offered in person and online. Veterans Point Peer based facility is located on site at Victory Equestrian Center and provides a safe space for Veterans. Veteran Treatment Court groups are available.

Services: Peer groups, Mental Health, Reintegration

10600 Dunham Rd. Roanoke, TX 76262, (701) 866-2758
www.texvet.org/resources/veterans-point

TARRANT COUNTY

Peer groups offered in person and online. Peer Group available at Liberty House Veteran Shelter and at the MHMR Tarrant Addiction Recovery Center. Veteran Treatment Court groups are available.

Services: Peer groups, Mental Health, Reintegration

129 Harmon Rd, Hurst, TX 76053, (817) 569-5750
www.texvet.org/resources/mvpn-tarrant-county

COUNTY VETERAN SERVICES OFFICES

County veteran services offices provide assistance, counsel and advocacy for veterans, spouses, widows and dependents, helping them to obtain state and federal veterans' benefits.

The offices can help secure copies of DD214s, medals and certificates, and provide information on VA healthcare, service- connected claims, pensions, dependency indemnity claims, education, home loans, insurance, burial benefits, and other veterans concerns. There is a county residence requirement to obtain service.

COLLIN COUNTY VETERAN SERVICES OFFICE

900 E. Park Blvd., Ste. 150, Plano, TX 75074, (972) 881-3060

www.collincountytx.gov/veterans

DALLAS COUNTY VETERAN SERVICES OFFICE

2377 N. Stemmons Fwy. Ste. 631, Dallas, TX 75207, (972) 692-4939

www.dallascounty.org/department/veterans

DENTON COUNTY VETERAN SERVICES OFFICE

1505 East McKinney Street, Denton, TX 76209, (940) 349-2950

dentoncounty.com/Departments/Veterans-Service.aspx

ERATH COUNTY VETERAN SERVICES OFFICE

112 W College, Room 107, Courthouse Annex Stephenville, TX 76401

(254) 965-1443

co.erath.tx.us/veteran.html

HOOD/SOMERVELL COUNTY VETERAN SERVICES OFFICE

Hood County Annex, 100 E Pearl St. Rm 112, Granbury, TX 76048

(817) 579-3292

www.co.hood.tx.us

TARRANT COUNTY VETERAN SERVICES OFFICE

1200 Circle Dr., Ste. 300, Fort Worth, TX 76119, (817) 531-5645

www.tarrantcounty.com/eveterans

TEXAS VETERANS WEBSITE LISTINGS:

TEXAS VETERANS COMMISSION

www.tvc.texas.gov

TEXAS VETERANS MENTAL HEALTH DEPT.

www.milvetpeer.net

TEXAS VETERANS LAND BOARD

vlb.texas.gov

TEXVET

www.texvet.com/

TEXAS VETERANS NETWORK

texasveterans.network

TEXAS VETERANS PORTAL

veterans.portal.texas.gov

VA NORTH TEXAS HEALTH CARE SYSTEM

www.northtexas.va.gov/

VA VETERANS BENEFITS

www.benefits.va.gov/

IN A CRISIS, CALL BEFORE YOU ACT

Trained mental health counselors are available to talk with you around the clock.

Crisis Hotline: 1-800-273-8255, Press 1

FOR IMMEDIATE HELP, DIAL 911

HONOR TO THE SOLDIER AND SAILOR
EVERYWHERE, WHO BRAVELY BEARS HIS
COUNTRY'S CAUSE. HONOR, ALSO, TO THE CITIZEN
WHO CARES FOR HIS BROTHER IN THE FIELD AND
SERVES, AS HE BEST CAN, THE SAME CAUSE.

- ABRAHAM LINCOLN

TRUST
CAMARADERIE
HOPE

milvetpeer.net

